

Notice for Week Ending Sabbath, July 20, 2024
Women, Children & Adolescents' Ministries

1. **Father-Daughter Symposium** - Theme: *Building Memories, Transforming Relationships*. Sabbath, **September 21, 2024**.
2. **Vacation Bible School (VBS)** is on in earnest! Hats off to all our team members for your sacrifice. Send us your best photos.
3. **Women & Friends' Retreat October 17 -21, 2024, Ocean Coral Spring Resort**. Kindly note that your final payment is near at hand. (See poster)
4. Coming Soon... **All Women's Conference**
5. **Women's Ministries scarves, pins and shirts** are available - call 876-298-8242.
6. **Children in Concert** – watch for the date!
7. **Bible Spell-a-thon 2025**. CHAM team members please note that the booklet is available in soft copy. Please begin to prepare your participants. There will be a non-SDA category. Please share this ministry with your friends.
8. Team members! Get ready for our **EJC 80th Anniversary** which will show our **80-Voice Children's Choir**.
9. CHAM Leaders, please activate the link for the **IAD/JAMU Olympics of Hope & Rescuing Your Value** – and engage your children in the activities. [CLICK HERE TO DOWNLOAD](#)

Women's Tip:

“Take care of your body. The most common mistake that most women make is giving in to fad diets. Weight loss isn't always an indicator of good health but excessive weight gain is the result of an unhealthy lifestyle. Exercise regularly to avoid drastic changes in your body mass.”