

**CHILDREN AND  
ADOLESCENT  
MINISTRIES**  
2022



**Local  
church**



Seventh-day  
Adventist Church  
CHILDREN AND ADOLESCENT MINISTRIES





# WELCOME

Dear Child and Adolescent Ministry Leaders, may God's blessings guide your leadership and make it fruitful.

We are about to start a new year, a year with new challenges, but also a year with great opportunities. We have before us the blessing and privilege of working with children and adolescents, and that through our work, effort and love they can see the love of Jesus.

2022 awaits us to work with the program, "*Olimpics of Faith*", a program designed to take children and adolescents through an adventure for 10 months, developing skills and learning to share their faith, as well as take care of their physical body and their spiritual life.

In this manual you will find the direction of how to carry out this whole program with your children and adolescents, and the descriptions of each activity to be carried out.

We encourage you to give your best, to strive to lead our flock, and enjoy this ministry that God has entrusted us, growing spiritually in such a way that we are ready to say to our God, "here are the children you gave me, and tell you that where you send us, I WILL GO".



*Edith Rose*

Director  
CHILDREN AND ADOLESCENT MINISTRIES  
INTER-AMERICAN DIVISION





# DIAGRAM





# GENERAL INDICATIONS

## IMPACT AREAS

- 1 SPIRITUAL AND EMOTIONAL EDUCATION
- 2 HEALTHY PHYSICAL LIFE
- 3 ACTIONS IN THE COMMUNITY

## GOALS

Each month is represented by 10 meters, The goal is to reach 100 meters during the year, that is, the activities of the 10 months are fulfilled, from January to October.

## MEDALS

100 Mts



GOLD

80 Mts



SILVER

60 Mts



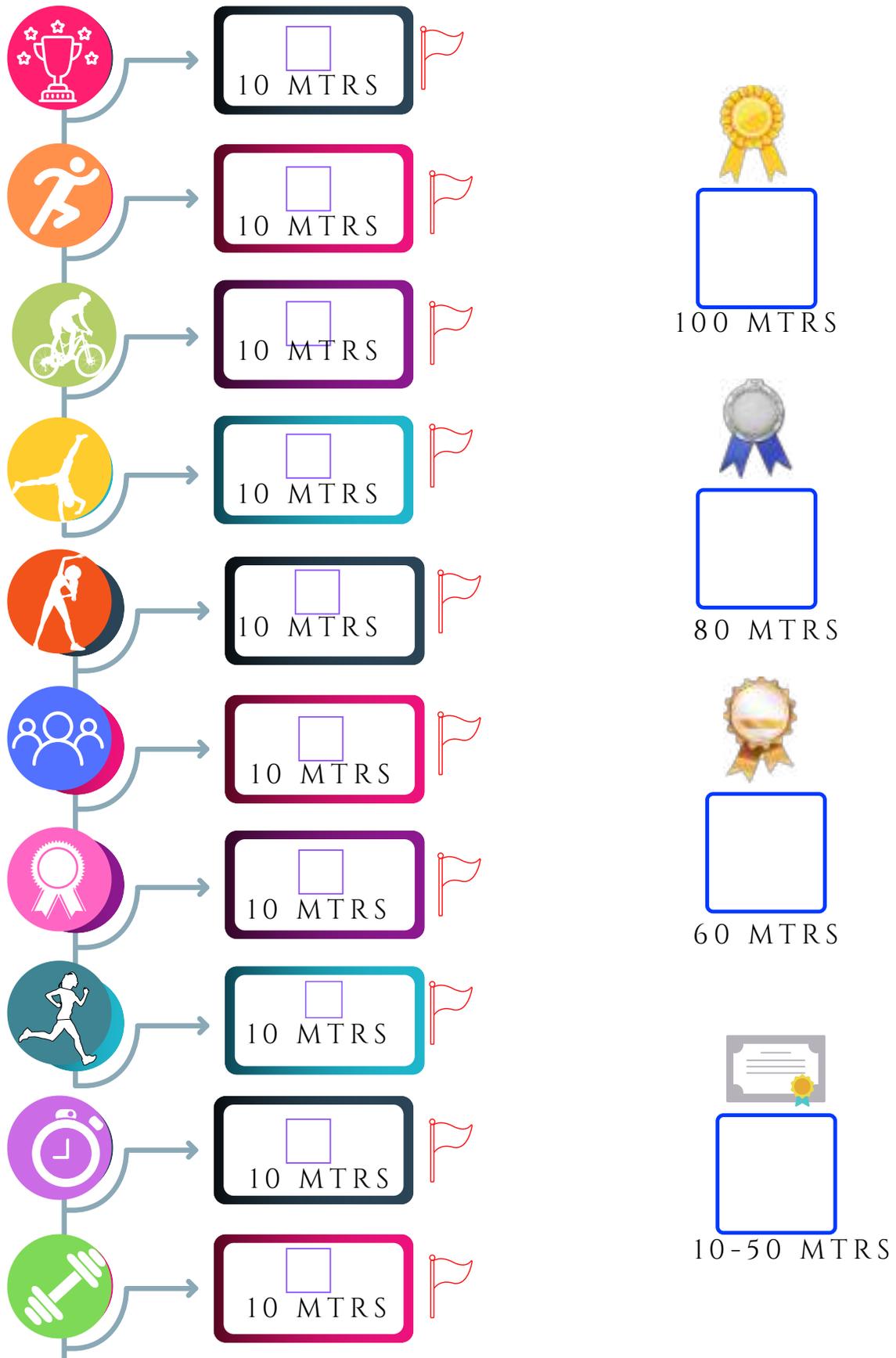
BRONZE

10-50 Mts



CERTIFICATES

# FINAL COUNTDOWN





# GENERAL INDICATIONS

## EVANGELISTIC MEETINGS

For the campaign event, the Department of Children and Adolescent Ministries of the Inter-American Division will provide the sermons.

## REGISTRATION CARDS

A control card will be sent digitally to be distributed by the Union to each participant.

In it, the monthly meters will be accumulated according to what has been done individually. To know the meters reached, you must obtain the signatures corresponding to the completion.

## REACHING THE GOAL

At the end of the 10 months, each local church should conduct its own closure program entitled "Getting to the Goal." For this program, the following must be taken into account:

- a) There must be a demonstration of each activity carried out.
- b) They must be dressed in the different specialties of each month.
- c) There must be a special theme regarding running the race of life.
- d) The medals are awarded as recognition.
- e) A symbolic torch is extinguished, to start or light up again the following year.
- f) Celebrate culmination baptisms.
- g) The Director of Children's and Adolescent Ministry will visit in person (subject to health restrictions and permits) the 3 Unions with the greatest participation in the Olympics.



# GENERAL INDICATIONS

**TORCH OF FAITH LIT**

## JANUARY

- ATLANTIC CARIBBEAN UNION
- CENTRAL MEXICAN UNION
- FRENCH ANTILLIAN UNION

## FEBRUARY

- MEXICAN UNION OF CHIAPAS
- UNION OF CUBA
- DOMINICAN UNION

**START**

## MARCH

- EASTERN VENEZUELA UNION
- GUATEMALA UNION
- UNION OF EL SALVADOR

## APRIL

- INTEROCEANIC UNION
- NORTH UNION OF COLOMBIA

## MAY

- PUERTO RICO UNION
- SOUTH CENTRAL AMERICAN UNION

## JUNE

- SOUTHERN UNION OF COLOMBIA
- UNION OF BELIZE

## JULY

- WESTERN VENEZUELA UNION
- CARIBBEAN UNION

## AUGUST

- SOUTHEAST MEXICAN UNION
- DUTCH CARIBBEAN UNION

## SEPTEMBER

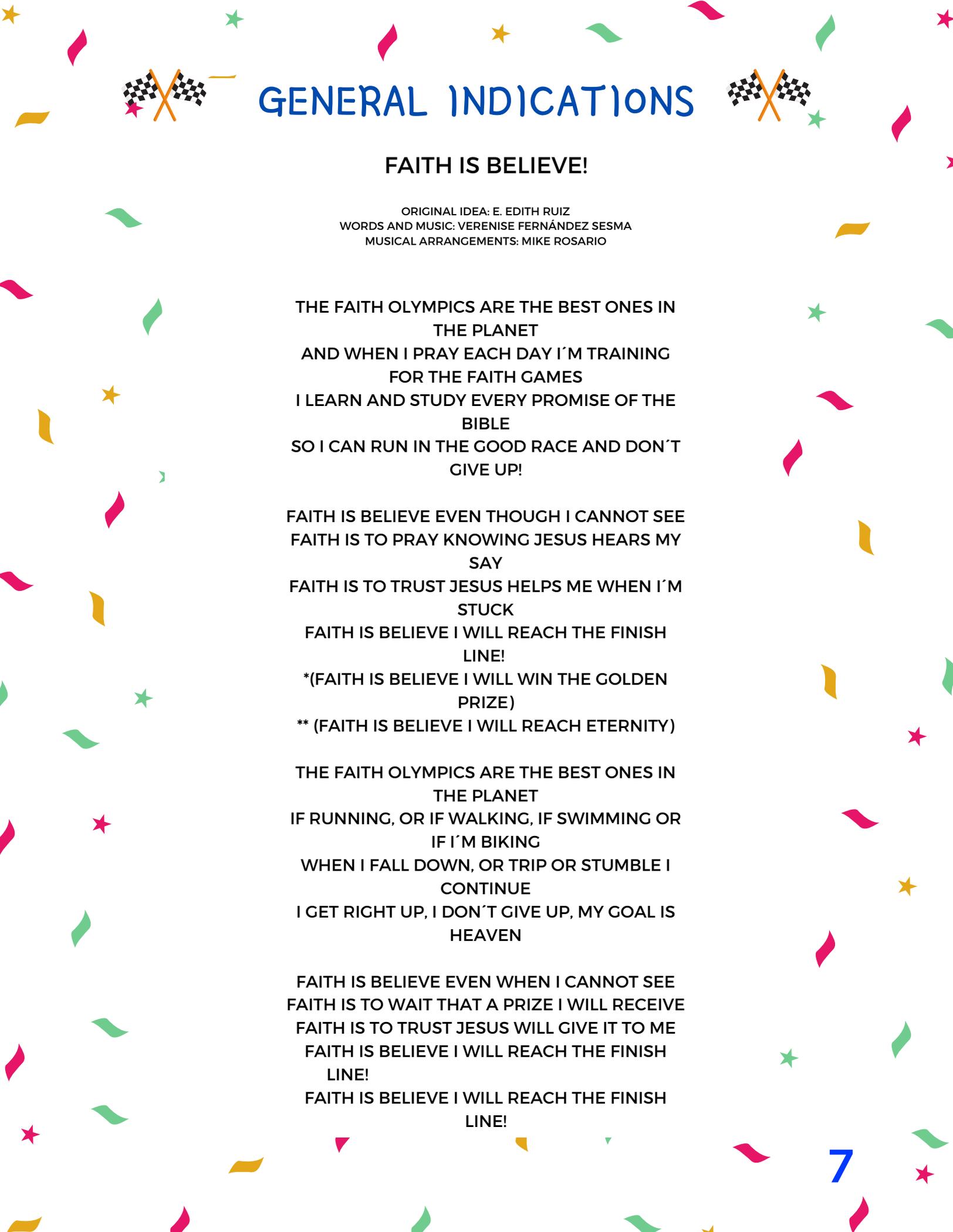
- PANAMA UNION
- UNION OF HONDURAS

## OCTOBER

- HAITIAN UNION
- NORTH UNION OF MEXICO
- JAMAICAN UNION



INTER-AMERICAN DIVISION

The page is decorated with colorful confetti (pink, green, yellow, and blue) and two checkered flags on poles, one on the left and one on the right, positioned above the title.

# GENERAL INDICATIONS

## FAITH IS BELIEVE!

ORIGINAL IDEA: E. EDITH RUIZ  
WORDS AND MUSIC: VERENISE FERNÁNDEZ SESMA  
MUSICAL ARRANGEMENTS: MIKE ROSARIO

THE FAITH OLYMPICS ARE THE BEST ONES IN  
THE PLANET  
AND WHEN I PRAY EACH DAY I'M TRAINING  
FOR THE FAITH GAMES  
I LEARN AND STUDY EVERY PROMISE OF THE  
BIBLE  
SO I CAN RUN IN THE GOOD RACE AND DON'T  
GIVE UP!

FAITH IS BELIEVE EVEN THOUGH I CANNOT SEE  
FAITH IS TO PRAY KNOWING JESUS HEARS MY  
SAY  
FAITH IS TO TRUST JESUS HELPS ME WHEN I'M  
STUCK  
FAITH IS BELIEVE I WILL REACH THE FINISH  
LINE!  
\*(FAITH IS BELIEVE I WILL WIN THE GOLDEN  
PRIZE)  
\*\* (FAITH IS BELIEVE I WILL REACH ETERNITY)

THE FAITH OLYMPICS ARE THE BEST ONES IN  
THE PLANET  
IF RUNNING, OR IF WALKING, IF SWIMMING OR  
IF I'M BIKING  
WHEN I FALL DOWN, OR TRIP OR STUMBLE I  
CONTINUE  
I GET RIGHT UP, I DON'T GIVE UP, MY GOAL IS  
HEAVEN

FAITH IS BELIEVE EVEN WHEN I CANNOT SEE  
FAITH IS TO WAIT THAT A PRIZE I WILL RECEIVE  
FAITH IS TO TRUST JESUS WILL GIVE IT TO ME  
FAITH IS BELIEVE I WILL REACH THE FINISH  
LINE!  
FAITH IS BELIEVE I WILL REACH THE FINISH  
LINE!



# ANNUAL SCHEDULE 2022

## January

### RECORD BEATING



**GAMES AND DISCIPLINES**

**WEEK**

**ACTIVITIES**

Systematic reading of the book of Matthew (New Testament)

**WEEK 1:  
LEARNING TOGETHER**

**WEEK 2:  
DRAWING THE EMOTIONS**

**WEEK 3:  
I TELL YOU**

**WEEK 4:  
RECOGNIZING JOHN THE BAPTIST**

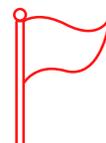
Interview a member of your family and ask: What do you know about John the Baptist?

Draw the emotions that the story of the temptation of Jesus makes you feel.

Tell a friend and your family what you learned about the beatitudes found in the book of Matthew.

Watch a movie about John the Baptist. Draw John the Baptist on a medal, and on the reverse his main characteristics

10 MTRS





# February ATHLETICS

**GAMES  
AND  
DISCIPLINES**

**WEEK**

**ACTIVITIES**

**PHYSICAL  
ACTIVITY**

**WEEK 1:  
RUN**

**Run 100 meters every day.**

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**WEEK 2:  
JUMP**

**Jump the rope for 15 mins every day**

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**WEEK 3:  
PASSING  
OBSTACLES**

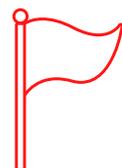
**Race with obstacles: use the resources you have at hand and record it.**

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**WEEK 4:  
ENJOY**

**Play your favorite outdoors sport every day**

 10 MTRS



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# March CYCLING

**GAMES  
AND  
DISCIPLINES**

**WEEK**

**ACTIVITIES**

With  
presence in  
my  
community

**WEEK 1:  
AFTERNOON OF  
FRIENDS**

Carry out an activity in a park with various sports activities and games, with friends from the church and inviting friends from the community.

**WEEK 2:  
SHARING YOUR  
BLESSINGS**

Invite friends from the previous activity to eat together.

**WEEK 3:  
SHARING MY TIME**

Watch a movie about Jesus with your new friends.

**WEEK 4:  
SHARING JOY**

Visit elderly people in the community with your friends and take for them food, clothing, and health and hygiene items.



10 MTRS



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*April*

## SPIRITUAL GYMNASTICS

**GAMES  
AND  
DISCIPLINES**

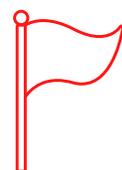
**WEEK**

**ACTIVITIES**

Memorizing  
the 13 verses  
from the  
second  
quarter of the  
Sabbath  
School lesson

**MONTHLY  
ACTIVITY:  
MEMORIZE**

Play a memory game,  
placing each verse on  
13 cards and on other  
13 card the biblical  
quotes from the  
verses, to review them





# May TRAINING

**GAMES  
AND  
DISCIPLINES**

**WEEK**

**ACTIVITIES**

**Prayer  
activities**

**MONTHLY ACTIVITY:  
PRAYING VERY  
EARLY IN THE  
MORNING**

**WEEK 1:  
PRAYING WITH  
LOVE**

**WEEK 2:  
SPIRITUAL FASTING**

Have an early morning schedule throughout the month in which you set aside a special time and place to pray.

Draw a heart on a sheet of paper and in the center write the name of 5 people to pray for them. Let the 5 people know that you will be praying for them all the month.

Choose a Sabbath where you and your family decide to eat only fruits and drink water and pray every hour during the day.





June

# MAKING TEAM

GAMES  
AND  
DISCIPLINES

WEEK

ACTIVITIES

Eating  
healthy

WEEK 1:  
PURIFY  
YOURSELF

WEEK 2:  
HYDRATE  
YOURSELF

WEEK 3:  
VEGETARIAN  
WEEK

WEEK 4:  
CREATE YOUR OWN  
HEALTHY DISH

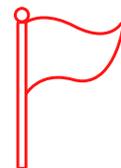
All week without junk food: sweets, fried foods, ice cream, etc.

All week drinking only water, no sugary drinks.

Research creative and fun vegetarian meals and make them to eat as a family

Every day the child and adolescent must create a healthy dish or snack and eat it at some time of the day.

10 MTRS





# July

## TO WIN

**GAMES  
AND  
DISCIPLINES**

**WEEK**

**ACTIVITIES**

A friend for  
Christ

**WEEK 1:  
KIND AS JESUS**

**WEEK 2:  
LET'S GO  
TOGETHER**

**SEMANA 3:  
PROMISE CARD**

Choose 3 friends and make a voucher for a kind act. For example: Voucher for sharing my lunch, voucher for helping you with homework, etc..

Take 2 friends to church every Sabbath for the whole month.

Make a card with a verse that talks about God's love and give it to a friend one day of the week.

10 MTRS



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# August

## RUNNING

**GAMES  
AND  
DISCIPLINES**

**WEEK**

**ACTIVITIES**

Getting ready

**WEEK 1:  
STUDYING**

Prepare and study the themes of the Children's evangelism campaign (Meetings)

**WEEK 2:  
TELLING  
THE STORY**

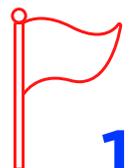
Adolescents telling the stories at the Children's Moment(at church).

**WEEK 3 Y 4:  
PREPARING**

Preparing the campaigns ( Evangelistic meetings)



10 MTRS



**15**



# September

## CHRONOMETER

**GAMES  
AND  
DISCIPLINES**

**WEEK**

**ACTIVITIES**

Evangelism  
campaigns  
(Meetings)

**WEEK 1:  
BEING  
CREATIVE**

**WEEK 2:  
HAND OUT  
(GIVE OUT)**

**WEEKS 3 Y 4:  
EVANGELISTIC  
MEETINGS**

Make personalized or general invitations with your own material and creativity

Distribute the invitations to your friends, neighbors and family

Have your evangelism campaign in homes or churches.



10 MTRS



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# October

## FORCE MAKING

**GAMES  
AND  
DISCIPLINES**

**WEEK**

**ACTIVITIES**

Discover a  
new skill

**WEEK 1:  
SOWING  
MY PLANT**

Choose a plant to your liking and plant it in your patio or some pot, taking care of it by watering it, cutting its dry leaves, light, etc. Take photo of growth

**WEEK 2:  
RECOGNIZING  
MY EMOTIONS**

When something bothers you, wait a moment, go to your room, write or draw what you feel and talk about it with your family.



10 MTRS



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Seventh-day  
Adventist<sup>®</sup> Church  
CHILDREN AND ADOLESCENT MINISTRIES